



TM

Intentional
HEALTH

Registered with



FUNDRAISING
REGULATOR

You Can Make a Difference
Become a Regular Donor
Help Transform & Save Lives

Become an Intentional Health Angel

Your gift can help local church volunteers provide supportive, life-affirming communities. You won't just see improved health and wellbeing, you'll be changing, for now & eternity.

Intentional Health is an award-winning programme run by local church volunteers. The practical 10-session programme explores aspects of physical, mental, emotional and spiritual health & wellbeing from a Christian perspective, to improve health, save lives and inspire everybody to live life well.

To thank you for your support & regular donations, you will be invited to join our online membership community, where we unpack more of the Intentional Health content and inspiring stories of lives transformed.



www.intentionalhealth.uk/angels

